

Monday Night Meal Recipes

Please label the top of pan with the name of the meal, date it was prepared and Monday Night Meal (MNM)! Thank you!

Chicken

30 pieces of chicken, legs & thighs only.
Cook to internal temperature of 180 degrees.
Season and roast so skin is browned.

Italian Sausage

8 pounds **MILD** Italian sausage (in casing)
Cook thoroughly any method you desire.
Caller may ask that you use Chicken Italian sausage for those with dietary requirements.
Please label appropriately: pork or chicken.

Rigatoni

4 pounds rigatoni (or penne) pasta
4-5 pounds ground beef/turkey
5-6 jars favorite sauce

Boil & cook pasta,
brown ground meat and drain,
Hint: ground meat can be browned in the oven. Set oven to 350 degrees, periodically break apart meat with a spatula.
Add sauce to pasta and ground meat.

Hotdogs

48 hotdogs and buns. Hotdogs will be cooked at MNM. *Caller may ask you to bring Beef hotdogs for those with dietary requirements. Please label it appropriately: pork or beef.*

MNM Taco Salad meal

8 lbs of ground beef flavored with Taco seasoning.
2 bags tortilla chips

Kielbasa w/Onion Buttered Noodles

Cut up 8 pounds of Kielbasa (smoked sausage) into ½ inch pieces. *Caller may ask you to use Turkey sausage. Please label appropriately: pork or turkey.*

Add 2 pounds finely chopped onions to one stick of butter in a skillet. Heat and simmer for 10-12 minutes.

Boil 2 -16 oz packages (or 3-12 oz packages) of wide noodles, following directions on package, about 6-7 minutes, drain noodles.

Combine onions, noodles & sausage. Cover and chill.

Chili Mac Recipe

2 pounds box of elbow macaroni, follow directions on box.

4 pounds of ground beef or ground turkey browned and drained.

ADD:

29 oz can of tomato sauce
29 oz can of diced tomatoes w/ juice
2 (15oz) cans of red kidney beans w/juice
2 packages Chili seasoning (Stonemill w/30% less sodium seasoning available at Aldi's)

Bring to a boil and simmer for 10 minutes, stirring occasionally.

Pour over cooked macaroni and mix.

Monday Night Meal Recipes (cont'd)

Meat Loaf

Prepare 4 loaves in 9 x 5 loaf pans or
Make "freeform" loaves

Per loaf: mix together:

1 ½ pounds ground beef or turkey/beef mix
1 egg
1 medium onion (chopped)
1 cup milk
1 cup dried breadcrumbs or oatmeal
½ cup catsup

Optional topping:

2 T brown sugar
2 T mustard
1/3 cup catsup

Bake each loaf at 350 degrees for 1 hour. Chill.
DO NOT CUT INTO PIECES! Loaves will be sliced before serving.

Sloppy Joes

7 pounds ground beef or beef/turkey mix
Favorite sauce
32 hamburger buns

Brown meat and drain. Hint: ground meat can be browned in the oven. Set oven to 350 degrees, periodically break apart meat with a spatula. Add sauce and simmer.

Chicken and Dumplings

Easy Chicken and Dumplings

8 cups (64 oz chicken broth
4lbs cooked chicken chunks (Chop meat from 1 rotisserie chicken)
2 cans condensed cream of chicken soup
1/2 tsp poultry seasoning
4 carrots, chopped
1 onion, chopped
6 ribs celery, chopped
2 cans refrigerated biscuits

In a large pot or Dutch oven, heat broth, soup, poultry season, carrots, celery, and onion. Bring to a boil, and then simmer.

On a floured surface, flatten each biscuit to about 1/8", and cut into 1/2" strips. Bring pot to a boil, and drop the strips into the mixture, submerging them gently. Cover and cook gently 15 mins more, add chicken and stir gently. Enjoy!

Scalloped Potatoes

Purchase 5 packages of Betty Crocker Scalloped potatoes mix (or another brand). Prepare as directed!

