

St. Malachi Monday Night Meal Menu		
October - December, 2014		
<u>6-Oct</u>	<u>3-Nov</u>	<u>1-Dec</u>
Chicken	Rigatoni	Stew
Starch	Vegetable	Fruit
Vegetable	Fruit	Lettuce Salad
Fruit	Lettuce Salad	Dessert
Lettuce Salad	Dessert	
Dessert		
<u>13-Oct</u>	<u>10-Nov</u>	<u>8-Dec</u>
Kielbasa	Italian Sausage	Chicken
Starch	Starch	Starch
Vegetable	Vegetable	Vegetable
Fruit	Fruit	Fruit
Lettuce Salad	Lettuce Salad	Lettuce Salad
Dessert	Dessert	Dessert
<u>20-Oct</u>	<u>17-Nov</u>	<u>15-Dec</u>
Sloppy Joes/Buns	Chicken	Sloppy Joes/Buns
Vegetable	Starch	Vegetable
Fruit	Vegetable	Fruit
Lettuce Salad	Fruit	Lettuce Salad
Dessert	Lettuce Salad	Dessert
	Dessert	
<u>27-Oct</u>	<u>24-Nov</u>	<u>22-Dec</u>
Stew	Thanksgiving Meal	Christmas Meal
Fruit		
Lettuce Salad		
Dessert		
		<u>29-Dec</u>
		Smorgasbord