

# MNM

## Monday Night Meal RECIPES

Deliver MNM to St. Malachi Hall  
Sundays 9AM-1:00PM  
Mondays by 4:00 PM

### Beef Stew

4 lbs. stew meat (**BITE SIZED PIECES**)  
3-4 lbs. potatoes (**UNPPEELED**)  
2 lbs. carrots  
4 onions  
½ bunch celery  
Cut all items into **BITE SIZED PIECES**  
2 t. salt                      1t. pepper  
1T. paprika                  2 cloves garlic minced  
2 T. Worcestershire sauce  
6 cups water

Brown meat and add remaining ingredients except unpeeled potatoes and carrots. Simmer 1 ¼ hours at 350. Add potatoes and carrots and cook until tender.

### Chicken

30 pieces of chicken  
Legs, thighs and breasts only  
Season and roast in your favorite manner.

### Hot Dogs

48 Hot Dogs and buns

### Italian Sausage

8 lbs MILD Italian Sausage  
Cook thoroughly.  
**CUT INTO ½' PIECES.**

### Kielbasi

8 lbs. pre-cooked Kielbasi (packaged smoked sausage)  
**CUT INTO ½" PIECES.**

### Meat Loaf

Prepare 4 loaves in 9x5 loaf pans  
Per loaf mix together:  
1 ½ lbs. ground beef  
1 egg  
1 onion (chopped)  
1 cup milk  
1 cup dried bread crumbs  
Salt/pepper to taste

#### Optional Topping

2T. brown sugar  
2 T. prepared mustard  
1/3 cup ketchup  
Bake each loaf at 350 for 1 hour.

**DO NOT CUT INTO SLICES. Allow time for meatloaf to cool before delivering.**

### Rigatoni

3 lbs. rigatoni noodles  
4 lbs. ground meat/ground turkey  
Favorite sauce  
Boil noodles, brown and drain ground meat, and add sauce.

### Sloppy Joes

7 lbs ground meat/ground turkey  
Favorite sauce  
32 Hamburger buns  
Brown meat and drain. Add sauce and simmer.

### Tacos

8-10 lbs. ground meat/ground turkey  
3 packages taco seasoning  
Brown meat and drain. Follow directions on taco seasoning package.